

Nanny & Family

7 Potty Training Essentials to Set You Up for Success

Get ready to start your potty training journey! Here are a few lifesaving essentials to make the potty training process a smooth and successful experience.

1

Fun Books for Children: Books can help your child become familiar with the world of potty training. Vibrant pictures, sweet stories, fun rhymes, and even sounds can capture their interest and give that extra boost in confidence. Here are some child favorites: [The Potty Book for Girls/Boys](#), [Potty](#), [Let's Go to the Potty: A Potty Training Book for Toddlers](#), [Potty Time](#), and [A Potty for Me!](#).

2

Potty Chair: It is a great alternative to the toilet! Children may feel more comfortable with something their size and closer to the floor. Search for models similar to the toilet and without music or noises that could scare or distract the child. Here are a few options: [Baby Bjorn Potty Chair](#), [Summer Infant My Size Potty](#), [Joovy Loo Potty Chair](#), [Munchkin Arm & Hammer Potty Seat](#).

3

Toilet Seat Adapter and Step Stool: Skipping the potty chair? Train your child to use the toilet using a seat adapter and a step stool. The adapter helps the child feel comfortable and supported and the step stool allows independence. This is our selection: [Baby Bjorn Toilet Trainer](#), [Skyroku Potty Training Seat and Step Stool](#), [Toilet seat with built-in potty training attachment](#), [OXO Step Stool](#).

4

Portable Potty Chair or Seat: This is essential when traveling or commuting. Foldable potty seats adapt to any public restroom while travel potties use disposable bags with absorbent liners that are discarded like diapers. Here are our favorites: [Folding Potty Seat](#), [Potette Plus Travel Potty](#), and [Potty Liners](#).

5

Potty training pants: Convenience is most important when choosing! Disposable training pants are basically diapers. Cloth training pants are underwear with extra layers to assist with absorption without preventing leaks. Here are our suggestions: [Moomoo Cotton Training Pants](#), [Honest Disposable Training Pants](#).

6

Mattress protectors: Ideal for nap time and nighttime training! This extra layer of protection ensures less washing and cleanup. There are disposable or reusable options. If choosing a reusable option, consider purchasing a backup! Here is our selection: [Crib Mattress Protector](#), [Waterproof fitted crib Mattress Pad](#), [Goodnites Disposable Bed Mats](#), [Kindersense Disposable Bed Pads](#).

7

Dry/Wet bags: Be prepared with an extra change of clothes and a waterproof bag to put the wet ones away. Dry/Wet bags are waterproof, convenient, and can be carried anywhere. This is our selection: [Bumkins Waterproof Wet/Dry Bags](#), [Skip Hop Wet/Dry Bags](#).